



PARTICIPANT GUIDE

October 17th, 2026
Yellowwood State Forest, IN
Revised 7/21/26

TABLE OF CONTENTS



03-04

- A Letter from the Race Director

06

- Race Schedule & Information

07

- Training Runs & Trail Maintenance

08

- Course Description

09

- Course Maps

11-12

- Aid Station Information

13

- 50k Relay Details

15

- Awards Information

17

- Parking Overview

18

- Lodging and Camping

19

- Post Race Experience

20

- Local Restaurant Recommendations

21

- Volunteering

22

- Rules & Regulations

23

- Refund & Transfer Policy



A LETTER FROM THE RACE DIRECTOR

October 24, 2020, I didn't know it then, but events had already been set in motion that would change the entire direction of my life. Everything, and I mean EVERYTHING, was about to change and the story has nothing to do with COVID (if you noted the date). A handful of months after divorce of an embarrassingly short marriage if we should even call it such, I found myself limping down the Scarce O' Fat Trail roughly 25 miles into the Tecumseh Trail Challenge 50k. I was descending to the Dam Aid Station with the choice already made to DNF. Noteworthy mention, this was my first race...EVER. No, I don't know why my brain is wired to subject myself to the most challenging option with every starting line. I suppose some formula of light talent, ignorance and a desire to do hard things brought me there that day and continues today to draw me to the world of Ultra running. Anyhow, I knew absolutely nothing about Ultra running. I didn't fuel properly, I ran too fast, and come to find out I have a dramatic stomach - Still to this day figuring that one out. I'd run with the leaders about the first 18 miles then hit the WALL and got my first taste of ITBAND syndrome, which I would end up dealing with for the next year. Upon the choice to DNF I told myself I would never run this far again - Yeah, I rarely race less than 50 miles these days I know! So why do I tell you all of that?

I sit here today as the Director of this race. Saying that out loud hits me with a flood of emotions. I also stopped at a gas station on my way to the race that day bumping into a fella who was clearly running the race too. We would end up running much of the race together until I inevitably fell apart. His name was Mark Stauffer. Mark eventually became a friend and as it turned out he was a personal trainer, coaching at the same facility as my now wife Sam Johnson...who also ran the race that day. Adding more nostalgia to the mix, a photo I used a dozen times for social had another guy named Blake right by me. Blake would turn out to be Sam and Mark's friend, boss, and the gym owner.



See how small the world is getting? More photos eventually surfaced where I realized this group of people, who are now like family to me, were taking photos just feet from me that day. I returned in 2021 to race the event again, still not yet meeting my now wife Sam, who was on course again that year. Fast forward to today, I type as the Director of this event as I hear my wife Sam upstairs playing music and making some food prior to a run with a friend shortly. (Paul if you ever read this, that friend is you). If I had never toed the starting line of Tecumseh all these wild events would not have come to be, unraveling a new direction and better life for me. If I had not met Sam, I'd still be working an anxiety driven job, that in all honestly would have paid better, but also taken away years of my life. I was miserable. I was dead. Going through the motions of life and very comfortable doing so.

However, running, chasing self-revision, learning to embrace getting uncomfortable by stepping into the unknown - a 50k for my first race changed EVERYTHING!

I leave you with this. Maybe it's just a race. But what if it's more? What if it's your challenge to get uncomfortable? There is a purpose and calling upon your life to move you forward with your time, talents and treasures. Step into the unknown, get a little uncomfortable, because that is where real change occurs. Don't miss the opportunity to be who you are supposed to be.

I may not get to run this fantastic event again any time soon- But it holds roots deeply in my heart. I promise to always bring forward the best opportunity to challenge yourself and who knows, maybe it's going to change EVERYTHING for you too!

A full-page photograph of a male triathlete running away from the camera. He is wearing a light-colored plaid short-sleeved shirt, black shorts, and a black backpack with orange accents. He is running on a path with fallen leaves. In the background, several people are sitting on folding chairs, cheering and clapping. A woman in a red and white striped shirt is particularly visible, cheering with her mouth open and hands raised. The scene is outdoors with trees and foliage in the background.

"THE AID STATION
VOLUNTEERS
WERE
AWESOME!"



RACE INFORMATION & SCHEDULE

DATE

October 17th, 2026

LOCATION:

Yellowwood State Forest
near Jackson Creek trailhead

FRIDAY

- 6-8 pm
 - Packet Pick-up
 - @Yellowwood Group Camp
 - Festival camping may be purchased on site
 - 1st come 1st serve

SATURDAY, RACE DAY

- 6-9:00a.m.
 - Packet Pick up/ Day of Reg
 - @Yellowwood Group Camp
- 8:00a.m.
 - 50k Start -
 - (Solo Only- Relay starts @ 9:00a.m.)
- 8:15a.m.
 - 26.2 Start
- 8:30a.m.
 - 13.1 Start
- 9:00a.m.
 - 50k Relay & 8 Miler Start
- 6:30p.m.
 - Finish line cut off
 - No official finishes after this time



TRAINING RUNS & TRAIL MAINTENANCE

Sept 6th

- Trail maintenance
- [Details here](#)

Sept 13th

- Training run #1
 - [Register for FREE](#)
- 10:00am -
 - 9.4 Miles-Start/Finish to Prang Aid & back
 - Unmanned water stop at Prang Aid (4.7 miles)

Sept 20th

- Trail maintenance
- [Details here](#)

Sept 27th

- Training run #2 -
 - [Register for FREE](#)
- 10:00am -
 - 12.1 Miles-Start/Finish to Scarce O' Fat loop, Y-Trail, & back to Start/Finish
 - Unmanned water stop at Dam Aid (2 & 6.3 Miles)



COURSE DESCRIPTION

All courses begin and end near the group camp at Yellowwood Lake where you will be in awe of the beautiful fall colors. The course will be marked with pink ribbon & signage. Always follow course markings over GPS.

50K

Head north on a gravel road briefly before jumping on the Tecumseh Trail where you will enjoy single track trail with a variety of rolling terrain both technical and hilly with some smooth fast sections. Once you pop out on Indian Hill Road you will be on a gradual gravel road climb for just over a mile as you begin the lollipop returning to Yellowwood Lake. At Yellowwood Lake the trail is an excellent 13.1 lap around the lake. After hitting the Dam Aid Station take a gradual but long climb up Scarce O' Fat Trail, then run fast on some fire road before returning down Scarce O' Fat Trail back to the Dam Aid Station. Now at just under a marathon, with the hilliest parts yet to come, you soon will climb "That Hill!" you will know - as you head toward Marlett Road Aid - your last chance for aid.

From there it's fairly smooth running until you descend DuBois Ridge making your way to the finish to recover with our famous mashed potato bar! Also enjoy soup, cookies and smores while cheering on your friends and other runners! Don't forget to grab an Athletic Brew for those 21 and up!

26.2

We're going to make this simple. Read the 50K. But you will skip Scarce O' Fat Trail!

13.1

Make your way up the gravel road shortly before turning left onto the lower loop of the course. You will be primarily on single track with a variety of rolling terrain including hills, technical terrain, fast fire road and more. 13.1 runners will also make the gradual climb up Scarce O' Fat Trail once leaving stop #1 at the Dam Aid Station before hitting fast running on the fire road and heading back down on Scarce O' Fat for a beautiful descent back to the Dam Aid Station for stop #2. From there prepare to soon climb "That Hill!" as you make your way to DuBois Ridge and your last chance for aid at Marlett Aid Station. From there enjoy some easier running before descending to the finish where you can relax and join the fun!

8Mile

Lets make this easy...Read 13.1 and skip Scarce O' Fat!

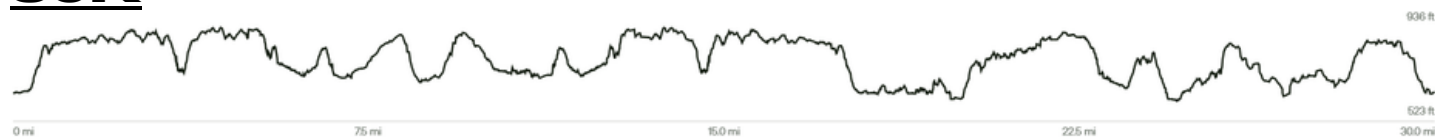


COURSE MAPS

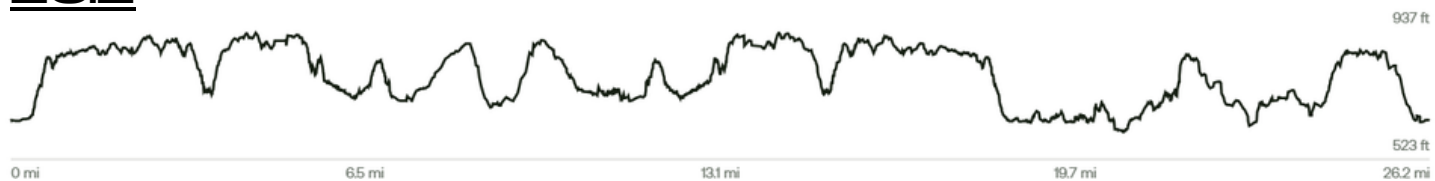
ALLTRAILS LINKS

You can download GPX files direct

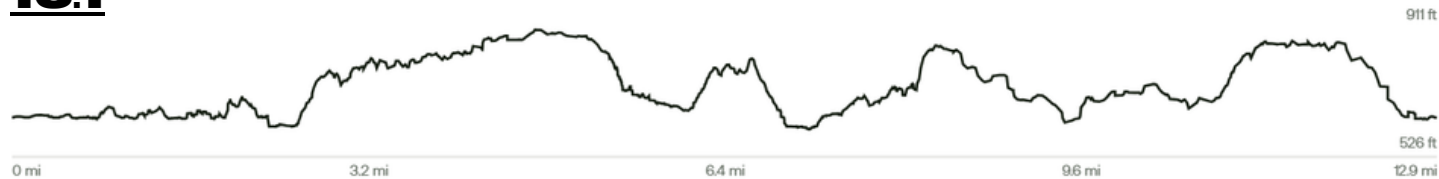
50K



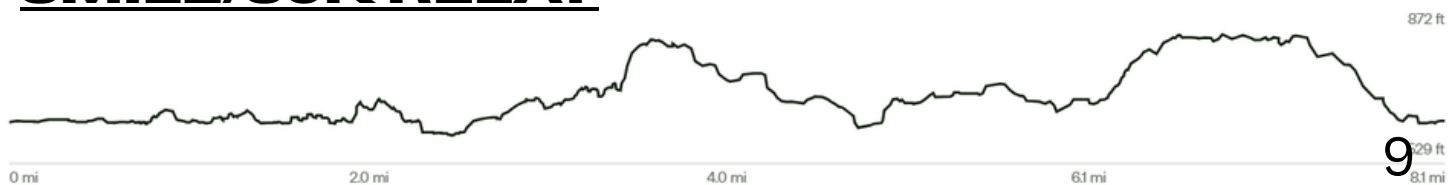
26.2



13.1



8MILE/50K RELAY





"GREAT RACE! AID
STATIONS WERE
AWESOME AND
EVERYONE WAS
SUPER FRIENDLY!"

AID STATIONS DROP BAGS



DROP BAG INFO

1. **Drop bags are for 50k & Marathoners only!**
2. Do not bring the kitchen sink- nothing larger than an average backpack!
3. Use tape to write your **name, bib number** and **phone number** on the drop bag.
4. Bring your drop bag to the main event tent on race morning.
 - a. There will be a tarp to place them for drop off.
 - b. They will be returned to this area for you post race.
5. **Drop bags will not be returned until the Dam Aid Station has been closed and packed up.**
 - a. Review the Aid Station Chart for cut off times.
6. You may retrieve your drop bag yourself if you need it sooner.
7. **YOU** are responsible for getting your bag after the race!
 - a. We **WILL NOT** mail it to you.
 - b. We are not liable for any missing contents of your drop bags if left unclaimed.

**IF YOU FORGET YOUR DROP BAG YOU WILL
PROBABLY NEVER SEE IT AGAIN!**

AID CHART & MENU

Menu is at minimum, there will be surprises!

AID STATIONS	CUT OFF	Distance				
APPLIES TO ALL DISTANCES		50k	26.2	13.1	8/Relay	Drop Bag
PRANG (OUT)	10:45	4.7	4.7	NA	NA	N
INDIAN HILL	12:00	8.8	8.8	NA	NA	N
PRANG (BACK)	1:30	14.1	14.1	NA	NA	N
CEMETERY (DROP BAG 1)	3:00	18.4	18.4	NA	NA	Y
DAM (OUT) (DROP BAG 2)	3:30	20.5	20.5	2.4	2.4	Y
DAM (BACK) (DROP BAG 2)	4:40	25.2	NA	7	NA	Y
MARLETT RD	5:30	28.2	23.5	10	5.4	N
FINISH	6:30	31	26.2	13.1	8	-
All Aid Stations have a porta potty					Relay-Repeats	

AID STATION MENU

Boiled Potatoes & Salt

Oreos/ Cookies

Coke/ Soda

PBJ

Oranges & Fruit

MMs + Candy

Bananas

Pickles + Juice!

Tailwind Naked

Quesdillas

Female Hygiene Products

Expect Surprises!

1. Year after year, we hear how great the volunteers and aid stations are!
2. We allow aid station captains to theme each aid station and grab surprises!
3. Ladies please note: female hygiene products will be at each aid station.
4. Each aid station has a porta potty!

50K RELAY DETAILS

1. The relay uses the **8Mile loop!**
 - a. Yup it's really 32miles
2. Only 1 team member needs to check in for the team!
 - a. Your last runner can sleep in!
3. Each runner must complete an entire lap on the 8 Miler course!
 - a. Failure to do so will result in a DQ!
4. The relay exchange is after crossing the finish chute, **absolutely no other exceptions!**
5. You must exchange the ankle bracelet/baton and carry it the entire lap!
6. 1 person can run multi laps. Ex 3person team - 1 person can do 2x 8 mile loops for the team
7. If you get off course, you must return to the point in which you goofed and finish the loop in its entirety to count!
8. Teams may set up pop up tents in the festival field near the finish the morning of the event.
9. Yes, a team member can also run a solo 8Mile if they **register for both the team relay and 8 mile solo and are the first runner for relay team starting at 9am.** This wouldn't work for other divisions due to the course designs. Runner would have 2 bibs for timing purposes!
10. **Top 3 Teams** will receive overall awards! All participants who complete a lap will receive a finisher medal. If we see enough single gender etc. teams we may broaden the awards field.
11. Every team member must register!
12. If a teammate can't make it, someone may run an extra lap for your team.
13. **Please Note:** Cell Service at the Finish/Main event area is not likely!





AWARDS & SWAG





We believe in supporting Local Athletes' Businesses!

AGE GROUPS:

- 19&under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

AWARDS:

- All Finishers in any distance receive a finisher medal!
- **Top 3 overall** Male & Female
 - **TOP 3 ALL DIVISIONS** receive a unique award & Pint Glass.
- **Top 3 Relay Teams** Receive Team Award
 - Every relay runner will receive a medal
- **All Age Group winners** receive a Pint Glass!

Awards presented by RTB Awards & TNT Sales and Promotions.

A man with a beard and short brown hair is captured mid-jump over a red and white striped hurdle. He is wearing a light blue t-shirt with a graphic that says "10 YEARS OF RACING FOR A CURE" and a yellow and black logo. He is also wearing blue shorts, a green race belt, and grey running shoes. The background shows a grassy field, trees with yellow leaves, and a body of water under a clear blue sky.

"Great experience! Very glad I took part! I plan to be back next year! I camped the night before and really enjoyed that too."

PARKING MAIN EVENT AREA



- There is a new large gravel lot directly across from the main event area.
- If that lot fills we will have a van with a DINO magnet on the side at the volunteer lot by the pit toilets to shuttle runners to & from the lot by the forest office
- Jackson Trailhead parking lot and the Group Camp lot are for Staff & Volunteers only!
- There are 2 vaulted toilets and additional porta potties during the event.
- Each aid station will also have a porta potty and female hygiene products!
- **NOTE: Cell service at the main event area is unlikely!**

LODGING AND CAMPING



We have Festival Style Camping at the check in/finish area for \$5 a person. This is for Friday Night only. If you wish to camp Saturday too there are 74 primitive sites 1 mile south of the main event area paid for at the Forest Service Office. (1st come 1st serve).

- You can login to your RunSignUp account and click store to add this at any time prior to online close ([Direct Link](#))
- You may also pay in person
 - **(please bring cash as cell service is poor in this area)**
- No fires outside of group camp established pits
- No amenities or water
- There are pit toilets and event porta potties
- Quiet hours 10p.m.-6a.m.
 - Please be courteous of fellow runners trying to rest for race day
- **Tent only**, DNR Declined sleeping in your car. YOU MUST have a site or festival camping.

More comfortable options

- [Brown County State Park](#)
- [Nashville IN Hotels](#)
- [Story INN](#).
- [Explore Brown County](#)



What to expect at the finish area?

1. RTB Awards will be on site doing custom finish engravings
 - a. Please double check your results before seeing Joe!
2. Excellent area to relax and spectate
 - a. Bring a chair or canopy
3. Festival Style Camping
4. Pit Toilets and Porta Potties
5. Fire and Smoes!
6. Finisher Meal (extra for families may be purchased in online store)
 - a. Mashed Potato Buffet
 - b. Chicken Noodle Soup or Vegan Veggie Soup
 - c. Cookies and Snacks
7. ITR Tent with a keg
 - a. Must be 21 for both!
8. Music
9. Awards
10. Bring a fishing pole, the Lakes right by the main event area.
11. On site Results
12. **PLEASE NOTE:** Most people DO NOT have cell service at main area!



LOCAL RESTAURANT RECOMMENDATIONS

Looking for a restaurant to take the crew after the race?

Whether your heading east or west leaving yellowwood the options are plentiful! Though there are far more options than listed here are a few we highly recommend.

Nashville Indiana - (20mins east)

1. Hard truth Hills Distillery & Restaurant
2. Big Woods Pizza
3. Hobnob Corner
4. Casa Del Sol
5. Brozinni Pizzeria
6. Harvest Dining Room

Bloomington Indiana - (30min west)

1. Upland Brewing Company
2. Uptown Cafe
3. Big Woods Bloomington
4. FARMbloomington
5. *There are endless options in Bloomington ranging from fast food to fine dining*



VOLUNTEERS ARE ESSENTIAL! THE RACE DOESN'T HAPPEN WITHOUT THE SUPPORT OF VOLUNTEERS!

Events like this are a lot of work and require lots of amazing individuals coming together to create a special race day. If you're unable to run with us, we encourage you to consider helping out on race day or leading up to race day. Volunteers receive a Free event T-Shirt, event meal, discounted or free entries into future events, and mad kudos!

How can you help?

- Working a shift at an Aid Station
- Helping prep materials for Aid Stations
- Coming out on a Trail Work day to work on areas of the trail in need
- Marking the course for race day
- Unmarking the course after race day
- Parking team
- Being a course sweeper- who runs behind the last runner
- Working at the main event area helping with food, check in, merch, timing and more!

Email us info@dinoseries.com to get connected!



RULES REGULATIONS

YOU ARE RESPONSIBLE FOR KNOWING THIS STUFF!

1. Race bib numbers are to be worn on the front of your body, visible at all times during the race.
2. **You MUST be present to pick up Hoodies and T-Shirts.** If you do not get your merch prior to start, it will be available to others for day of purchases, so please come get your swag!
 - a. **WE WILL NOT MAIL THEM! REPEAT NO DICE ON MAILING MERCH!**
3. You must maintain an average pace that will allow you to finish by 6:30pm
4. ***PLEASE NOTE:** Distances are subject to 5% shorter or longer than advertised. Plan accordingly.
5. **ABSOLUTELY NO SPECTATING ALLOWED at the northern end "ANY PART OF THE COURSE NORTH OF THE CEMETERY AID STATION"** of the 50k/26.2 out and back section for safety. Doing so will result in your runner being DQ'D!
 - a. Spectating is at the finish, or a mild walk from the paved lots near the dam. **DO NOT DRIVE TO THE DAM TO SPECTATE- WALK IN ONLY!**
 - b. You may also **WALK** to the Cemetery Aid for spectating
6. You must be present for awards(presented at the finish line) We **WILL NOT** mail you awards!
7. If you drop out of the race you **MUST** let a Volunteer know!
8. Festival camping is only for Friday evening, if you plan to camp Saturday night you need to reserve an actual primitive site at the Forest Service Office.
9. **NO PACERS** - You will be okay! You got this!
10. **NO CREWING!** You may spectate but crewing will also results in DQ!
11. All runners must be registered, no exceptions!
12. We love your doggy, but please keep the pets at home for the comfort of all participants!
13. Though we strongly encourage you to check your results before leaving, you **MUST** check them within 1 week of the event for corrections to be made.
 - a. Results will be published on RunSignUp and given to Ultrasignup for participant rankings.
14. **Only 1 person from your Relay team needs to check in to collect bibs etc.**
15. Each relay member must complete an entire lap of the 8 mile course before exchanging at the finish chute!



REFUND POLICY TRANSFERS & DEFERRALS

This is all just going to be a refresher, right? Because you totally actually read the refund policy since we made you click a button saying so, right!

REFUNDS

If you cannot attend, you have the following options.

1. Due to the complexity of these events, there are **NO REFUNDS within 3 Months** prior to the event date.
2. Refunds will incur a 20% service charge.
3. **Pregnant?** 100% Full refund or rollover ladies, no worries.
4. **Postpartum?** We will offer a 1-year deferral to next year's event date.
 - a. You must inquire for approval **at least 2 months before** the current year's event date.
5. In the event of a weather-related cancellation, the event will typically not be rescheduled. Entry fees will not be refunded.

TRANSFERS & DEFERRALS

1. You may transfer your entry to another participant for a 20% service fee prior to registration close.
2. You may rollover to next year's race if notification of request is received 3 months prior to race day. **There is a \$15.00 Deferral fee.**
3. To request a refund or rollover, sign in to runsignup.com. From there, look for the refund/transfer options within the race. You can also change distances when signed in.
4. You may **GIFT** your registration to another participant for a **small fee of \$5.00** on RunSignUp.
 - a. You may do a participant to participant transfer for refund as well, once the other person pays, you receive a refund minus processing fees and a \$5 transferring fee.
 - b. **Deadline for GIFT/PARTICIPANT TO PARTICIPANT options is 1 week prior to event date. No Exceptions.**

SPONSORS

Sponsors are a game changer for helping create incredible events and opportunities for us to come together racing in sports we love while seeking improvement on the daily grind! If you would like to support the event you can email us at info@dinoseries.com



Dr. Charlie Williams, MD
Family Medicine - Anderson, IN

DCO INDUSTRIES INC.



